

Attitudinal Dynamics of Driving (ADD) Course

Length: 8 hours

ADD is a behavior-based, advanced course for drivers with poor driving habits, risky driving behaviors, those who have received multiple traffic violations or have had their license suspended. This course engages students with exercises designed to help them understand the connection between choices and consequences. Participants develop a personal action plan for practicing good driving behavior.

Satisfies requirements for:

- Reinstatement of license
- Work permit
- Under 21-point accumulation
- Court referral or 2-point credit

**Great supplement with the interlock.*

Alive at 25 Course

Length: 4 hours

This highly-interactive course teaches young adult drivers (under 26) the attitudes of personal responsibility and respectful driving decisions.

Alive at 25 incorporates Reality Therapy and Choice Theory techniques. Alive at 25 focuses on behavior, judgment, decision making and consequences, and provides the tools for making positive choices.

Ideal for ages 14-25 with a history of:

- Reckless driving
- MIP
- Past curfew
- Speeding
- Leaving the scene of an accident
- Driving on a permit
- Underage driving
- Other similar offenses

Alcohol and Drug Offender Course

Lincoln Only

Length: 8,12, and 15 hours

This targets alcohol/drug offenders that are low-risk. It provides an intervention and opportunity to change attitudes and actions.

It can be taken in 8, 12, and 15 hour levels in Lincoln, NE.

12 hour class satisfies requirements for:

- Missouri (SATOP)
- Iowa (OWI)

15 hour class satisfies requirements for:

- Lancaster County (Nebraska)

A Victim Impact Panel is included in all levels.



How to
Register
for Courses Online

1 Go to
www.nesafetycouncil.org

2 Go to the “Driving” tab and hover over for a drop down list.

Select your desired course from the drop down list.

3

4

Click on “Class Locations” and choose your desired location for the course.



Under “Events” click “Register”

5

Behavior Modification Evidence-Based Course

Register Online at
nesafetycouncil.org



Traffic Offender Courses

Motor vehicle crashes are the leading cause of injury and death in Nebraska. Most traffic crashes are preventable. Through training and education, these numbers can be impacted.



3243 Cornhusker Hwy., Ste. A10 Lincoln, NE 68504-1592
Phone: 402.483.2511 Email: www.nesafetycouncil.org

Mark class that should be taken:

**Attitudinal Dynamics
of Driving (ADD)
Course**

Alive at 25 Course

**Alcohol and Drug
Offender Course**

Lincoln only - Includes Impact Panel

___ 8 Hour

___ 12 Hour (MO and IA approved)

___ 15 Hour (meets Lancaster County Requirements)



Alive at 25 and ADD ranked #1 and #2
by the Department of Defense.

Source: 2011 Department of Defense Report

Major traffic violations decreased up to
76% following completion of the ADD
course.

*Source: Highway to Justice. American Bar Association
Winter 2017*

Regardless of age of driver, sex, or type
of violation all comparisons showed
statistically significant decreases in the
number of violations in the three years
following ADD participation. Results of
this analysis showed:

- Minor traffic violations decreased 84%
- Major traffic violations decreased 78%
- Surchargeable violations decreased 88%

Source: NSC, 2017