“Hotdogs and Walk 150 Awards on Walk in the Park Day”

Those who took the YMCA challenge of walking or running 150 miles since January 1, 2016 can be one of the first 150 people to get a special edition water bottle starting at 11:30 am on Friday, July 1, 2016 at Walk in the Park Day. This is the third year for the special event that celebrates the trails and parks of the City of Norfolk and also the efforts of those who use them regularly.

The YMCA and the City of Norfolk partnered to sponsor the Walk 150 program to celebrate Norfolk’s 150th celebration this year.

“We challenged people in January to get a Walk 150 card and mark how many miles they walk. The first 150 people who bring their completed cards or who can attest they’ve walked 150 miles get a special water bottle on July 1,” said Nicole Dennis, YMCA Wellness Director.

She said hundreds of the cards were distributed so she’s hoping many people have been working on getting those 150 miles covered.

The Walk 150 water bottles will be given out on Friday beginning at 11:30 am at Ta-Ha-Zouka Park at the east end of the park by the baseball fields on McKinley Avenue. Free hotdogs, chips and water will also be given to the first 50 people who come to the park whether they’ve walked 150 miles or not.

Mayor Sue Fuchtman will have a ribbon cutting ceremony to open the new Ta-Ha-Zouka Loop Trail at 12:00 pm.

For more information about the Walk in the Park Day, call 402-844-2034.

The map shows the new Ta-Ha-Zouka Loop Trail that runs along McKinley Avenue and connects to the Elkhorn River trail in the east part of Ta-Ha-Zouka Park. Hotdogs will be given to the first 150 people who attend the opening of the trail 11:30 am July 1, 2016.