Eighteen future lifeguards finished a beginning lifesaving instruction class last week at AquaVenture Water Park in Norfolk. The Lifeguard in Training course is meant to introduce youth ages 15 and under to beginning lifeguard skills and lifesaving techniques. This is the third year for the course. Abby Schukei is the instructor for the week of daily lessons. (Pictured from left to right: Nolan Fennessy and Ben Spray, Lifeguard in Training participants)