“Walk the Trails Day on July 1”

It’s good exercise. You get out in the fresh air. It’s a way to see a different view of Norfolk rather than just from the street. Walk the Trails Day on July 1, 2015 is a day that encourages people to walk, jog or bike on the Norfolk trail system.

“We’ve got great trails in Norfolk. This is a good chance for people to get onto a trail they’ve never been on. Maybe take a friend along for a walk over the noon hour. There’s a trail not too far from any area of Norfolk,” said Jon Downey, City of Norfolk Trail Advisory Board member.

On Walk the Trails Day at 11:30 am July 1, Nucor Detailing will be donating free hotdog lunches for the first 100 people who take to the trails at the Levee Trail trailhead on east Omaha Avenue. The concrete pad just east of Gregg’s ATV and across the street from Burt Motors and Marine will be used to distribute the lunches.

People are encouraged to park at Veterans Memorial Park and then walk east of the park on Bluff Avenue which connects to the newest addition of the trail system. Those attending can also park behind or in the parking lot in front of Gregg’s ATV on east Omaha Avenue. Parking is not allowed for non-employees at Nucor Detailing.

A contest was recently held to name the trail that runs from the Levee Trail trailhead north along the North Fork River and west along Pasewalk Avenue to Taylor Avenue. Stacie Wilken won a $100 HyVee gift card for her entry of “Memorial Crossing.”

As part of Walk the Trail Day Mayor Sue Fuchtman will be on hand at 12:30 pm for the ribbon cutting of the new section of trail.

Faith Regional Health Services is donating pedometers or water bottles for the first 20 or so trail users at the Levee Trail trailhead on Walk the Trails Day. The Norfolk Area Visitors Bureau is donating bags. Affiliated Foods is giving away granola bars and bottled water. Nebraska Public Power District is also donating door prizes and other items.